

Monthly Activities at the Del Norte Family Resource Center July 2010

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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NOTE: The Child Development Room is designed for children 0-5 years old. During open play, parents/caregivers are expected to supervise their children.

Color Key:
Green — 0-30 months **Orange**—0-3 years
Pink—4-5 years **Blue**—0-5 years
Brown—0-6 months **Red**—All Ages



*First 5 Del Norte Programs are italicized

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| 5 FRC CLOSED | 6 Story Time in Spanish & English @ 4:30pm | 7 NEW Newbies Group 3:15pm Movement & Music 4:15-5:00pm; 5:15-6:00pm | 8 Totally Toddler Time: 10am-12 | 9 County Fair Creations 4:30-5:30pm | 10 Movement & Music 10am-10:45; 11am-11:45 Story Time in Spanish & English @ 1:00pm SUMMER SING-ALONG 1:00pm Wonder Bus Open 1:30pm-3pm |
| 12 Parent-Led Playgroup: 10am-12 | 13 Story Time in Spanish & English @ 4:30pm | 14 Time-Out for Parents 10am-Noon NEW! Chef Nina Presents: Healthy Picnic Snacks: 3pm-4pm NEW Newbies Group 3:15pm Movement & Music 4:15-5:00pm; 5:15-6:00pm | 15 Totally Toddler Time: 10am-12 | 16 County Fair Creations 4:30-5:30pm | 17 Movement & Music 10am-10:45; 11am-11:45 Story Time in Spanish & English @ 1:00pm |
| 19 Parent-Led Playgroup: 10am-12 | 20 Story Time in Spanish & English @ 4:30pm | 21 Time-Out for Parents 10am-Noon NEW Newbies Group 3:15pm Movement & Music 4:15-5:00pm; 5:15-6:00pm | 22 Totally Toddler Time: 10am-12 | 23 Crafts with Maria 4:30-5:30pm MOVIE MATINEE, 4H Food Distribution & Crafts @ 3:00pm | 24 Movement & Music 10am-10:45; 11am-11:45 Story Time in Spanish & English @ 1:00pm SUMMER SING-ALONG 1:00pm Wonder Bus Open 1:30pm-3pm |
| 26 Parent-Led Playgroup: 10am-12 Talks with Dr. Alex "Fun in the Sun" 3:00pm-4:30pm | 27 Story Time in Spanish & English @ 4:30pm | 28 Time-Out for Parents 10am-Noon NEW Newbies Group 3:15pm Movement & Music 4:15-5:00pm; 5:15-6:00pm | 29 Totally Toddler Time: 10am-12 | 30 Crafts with Maria 4:30-5:30pm | 31 Movement & Music 10am-10:45; 11am-11:45 Story Time in Spanish & English @ 1:00pm |

First 5 School Readiness Programs; For More Information
Call 464-5500 ext.143

Parent Led Playgroup: Child development room will be open to children ages 0-5 and their families. Parents and caregivers will have the opportunity to meet one another and share the joys and difficulties of parenthood.

Totally Toddler Time: A time of exploration and discovery for toddlers ages 0-30 months. This program encourages parallel and cooperative play skills appropriate for this age group.

Wonder Bus- A mobile community library, operated by First 5, with books for young and elementary age children (and parents too!) Stop by and check out the NEW books!

First 5 Del Norte website www.delnortekids.org

NOTE: The Child Development Room is designed for children 0-5 years old. During open play, parents/caregivers are expected to supervise their children at all times.

Chef Nina Presents: Healthy Picnic Snacks!

Join Chef Nina at the Family Resource Center as she offers fun, nutritious ideas for your next picnic!

Wednesday July 14th from 3:00pm-4:00pm

Time-Out for Parents

Time for parents of children ages 0-5 years to stay calm, cool and connected. Join us for a safe and nurturing environment where children can play, learn and socialize while parents relax and take some time for themselves. This is a great way to connect with other parents, share ideas, and develop peer support. Both mothers and fathers are encouraged to participate.

Parents please remain on the premises.

Wednesday 14th, 21st, & 28th: 10am—12noon Call 464-5500 for more information

This Calendar is
Funded By:



NEWBIES!

A support and suggestion group for parents and caregivers of infants 0-6months led by Dr. Christy Seed

Wednesdays @ 3:15pm

Call 464-5500 for more information

County Fair Creations

We will be making crafts and projects designed to be entered in the upcoming Del Norte County Fair!

Friday July 2nd, 9th, & 16th

4:30pm-5:30pm

Summer Sing-Along!

A live musician will play interactive children's songs such as B.I.N.G.O, Old MacDonald, Twinkle, Twinkle Little Star and many more! Most people can't play soccer or football at age 70, but they can sing!

**Music is a gift you can give a child
which will last a lifetime!**

July 10th & 24th @ 1:00pm

More Programs at the
Del Norte Family Resource Center

Incredible Years Parenting Classes

A hands on approach to positive parenting that is fun and practical. Classes offered on a rotating 12 week schedule. Registration required. Call Melodee at 464-5500 ext.121.

Movement & Music with Maria:

Pre-dance and rhythm classes for children ages 0-5. Children learn skipping, tumbling and balance. Classes are ongoing and bilingual (English & Spanish). **Please Note: For safety, age ranges are divided between two sessions. Ages 0-3 During first 45 minutes, ages 4-5 during last 45 minutes with a 15 minute break between sessions.**

Parent Resource Library: Valuable parent resource books and movies and a small selection of children's fiction are on hand to check out. The 2009 Physician's Desk Reference is available upon request on the premises. Call 464-5500 for more information.

Del Norte Family Resource Center Hours

Monday: 9:00am-5:00pm

Tuesday-Friday: 9:00am-7:00pm

Saturday: 9am-3pm

494 Pacific Ave, Crescent City

707.464.5500